

## STRONG SWIMMERS START WITH THE JACKSON YMCA WINTER 2024/25 AQUATICS PROGRAMMING

Thanks to the generous donation from Mike and Shelia Levy, we're thrilled to announce a new partnership with Jackson Public Schools! This collaboration allows us to offer ORCA swim team, lap swim, swim lessons, and aqua fitness classes at JPS pools. We are building a stronger community together.

## **November Pool Times**

Lap Swim and Water Walking

- Monday, Wednesday, Friday at Parkside: 5:00 AM 6:30 AM
- Tuesday, Thursday at Jackson High Viking Pool: 5:30 PM 7:30 PM (during ORCA Swim Team practice)
- Saturday at Jackson High Viking Pool: 8:00 AM 11:00 AM

Aqua Zumba

• Tuesday & Thursday Jackson High Viking Pool 5:30 PM

Aqua Fit

- Saturday at Jackson High Viking Pool 9:00 AM
- **ORCA Swim Team Practice** 
  - Tuesday, Thursday at Jackson High Viking Pool: 6:00 PM 7:30 PM